



LEAD EDUCATION

**FOREST  
SCHOOL**

[www.leadforestschool.co.uk](http://www.leadforestschool.co.uk)



**FOREST SCHOOL EDUCATION PROGRAMMES**

*Put down your mobiles and get back to nature!*



# ABOUT FOREST SCHOOL



LEAD Forest School utilises outdoor learning to promote self-esteem, resilience, confidence and social skills. It raises natural world and environmental awareness, offers relaxation and develops self-worth. The ethos is to allow the learner to thrive and learn outdoors, away from the traditional classroom environment.

We are a team of highly skilled professionals in our respective fields including education, behaviour management, mental health and outdoor leadership training.

By consulting with clients before our Forest School begins, we ensure all our learners succeed, achieve and enjoy the learning journey with us. From bushcraft and our hunter-gatherer pre-history ancestors to the Romans or Vikings, our Forest School leaders will 'tailor make' the learning experience for you. We will achieve this either on-site as part of our Living History day or off-site in one of our beautiful woodland locations. [See Page 10 for Prices.](#)

LEAD Forest School works in partnership with the Lumley Estate and Wynyard Hall. These beautiful venues offer seclusion, tranquillity and peaceful surroundings in which our learners will enjoy nature as well as offering a safe and secure learning environment.

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## Activities can include:-

- **Bushcraft**
- **Fire lighting**
- **Shelter Building**
- **Forest Art**
- **Wildlife Identification**
- **Camp Fire Cooking**
- **Modern/Historical Tool Use**
- **Craft Techniques**
- **Animal Tracking**
- **Living History**

Learners can also expect to achieve the John Muir Award, work towards the Wild Passport qualification and we also run recognised qualifications in Bushcraft.

We can help schools and support learners with ADHD or low resilience by providing them with their own coping 'tool kit' to utilise back in school.

Further outcomes may be in the form of improved mental health, tackling complex needs and dealing with challenging behaviour.

# FOREST SCHOOL TEAM



## **STEVE** Director of LEAD Forest School

Steve has a BA (Hons) in Sport & Outdoor Education, a PGCE and completed the Graduate Teacher Programme (GTP). He was head of sport in an Ofsted 'outstanding' SEN school based in Sunderland. Steve then worked as a regional quality assurance manager supporting vocational education programmes within professional sports clubs. In 2016, Steve set up LEAD Education and The LEAD Academy working in partnership with schools, outdoor adventure centres and performing arts studios across the country.



## **DAVE** Director of Consulo Education

Dave is an ex-headteacher with over 30 years educational experience. He has worked with some of the most challenging students, including those exhibiting SEMH issues and other SEN. He is an ex-soldier, outdoor adventurer and bushcraft instructor as well as a forest school leader. He has taught (and used) survival and bushcraft skills around the world, from deserts to jungle to our native woodland. Dave is also a behaviour management consultant delivering training to schools and education providers across the country.



## **BARRY** Director of Wild Track Wilderness

Barry was a nature reserve warden and has worked as a parks and countryside ranger for the council. He has an HND in woodland management and has also worked as an arborist. He has over 15 years' experience in learning difficulties education and has worked for a variety of mental health services gaining recognised qualifications in autism and SEN. Barry is a highly qualified forest and beach school leader and has supported many schools and learners of all ages, abilities and backgrounds.

# FOREST SCHOOL VENUES



## Wynyard Hall TS22 5NF (Follow signs for Gardens & Grand Marquee)

Surrounded by 150 acres of historical landscape, you'll find it hard to beat the sense of tranquillity that encompasses Wynyard Hall. To reach our site you will easily navigate your way through the beautiful Woodland Walk until you reach the famous 'Eagle Bridge'. From there our Forest School leaders will walk you through the ancient woods to our site, identifying edible plants and even track animals such as badgers and deer along the way.

Our Wynyard woodland site offers total seclusion and peaceful surroundings to enjoy the beauty of nature and learn in a safe and secure environment.



## Lumley Estate DH3 4NU (Look out for entrance above, on A183)\*

Set in 5.5 acres of woodland on the beautiful Lumley Estate, Lead Forest School works with a range of clients including schools, education providers, charities and private companies for corporate events. Our site, 'The Ride' boasts an array of wildlife, native woodland and wonderful flora. Our Forest School leaders work within our woodland site and also operate along the river where you will see plenty of wildlife including kingfisher, heron, deer and badger. The Lumley Estate is also home to the magnificent Lumley Castle dating back to 1389 where there are stories of betrayal, war and the visits of monarchs abound.

**\*Directions:** Enter through private road, continue over bridge for parking.



## Low Resilience Support Programme

**6 DAY COURSE / £450** (3-10 learners. Groups can be made up from different schools)

The aim of this course is to support learners who have been identified as struggling to access their learning as a result of low resilience. We aim to run this specialist programme over 6 'full day' sessions. This could be delivered 1 day per week during an academic half term or during school holidays.

Through nature based activities in the woodland, learners will develop a higher level of resilience and recognise how they can learn to better manage their behaviour within the more formal classroom environment through a variety of coping mechanisms. The programme is ideal for groups between yr5 and yr9, or learners of a similar age. Our Forest School leaders will meet with the school SLT to discuss any relevant EHCP outcomes of the child and the activities we will utilise to tackle the identified issues.

Many of the tasks will have a bush craft theme and we will introduce learners to the woodland environment with minimal challenge initially. We will then aim to develop their self-belief through achievable tasks throughout the programme, minimising opportunities for 'social loafing' or quietly opting out.

On completion of the course (including the John Muir Award), as well as the celebratory day for parents and teachers, the school will also receive a detailed and individual report, including some advice on next steps, i.e. how the learner might be supported to ensure progress is sustainable back in school. The course covers 6 days of learning in the woods, a pre-course visit, end of course report, equipment, insurance and resources. The course takes place regardless of weather\* it's all part of developing resilience!

**For more information please call Steve Mann on 07944 102 606**

\*Only really strong winds would take us out of the woods.



# ADHD Support Programme

**6 DAY COURSE / £800** (2-8 learners. Groups can be made up from different schools)

The aim of this course is to support complex needs learners who have a diagnosis specifically of ADHD, or display those traits. We work closely with learners in the woodland environment to show ADHD in a more positive light; after all who wants a label that has both 'deficit' and 'disorder' in it?

Typically, they will learn Bushcraft skills such as wildlife tracking and identification, fire lighting, creating craft items, modern and historic tool use, foraging, and shelter building. They will learn about their hunter-gatherer ancestors and how ADHD traits would have been extremely important to them for survival. We use these skills as a vehicle to improve their sense of self, support self-regulation and develop coping skills. We also do some guided meditation and discussions round the camp fire. Learners will also work towards the John Muir and Wild Passport Award Schemes.

For this programme to be effective, our Forest School leaders will initially meet with the school SLT and focus the discussion around any applicable EHCP outcomes for that child. We will also discuss general issues, difficulties and how the condition manifests itself in their individual case to ensure outcomes are met.

We aim to run this specialist programme over 6 full day sessions. This could be delivered 1 day per week during an academic half term or during school holidays. The programme is ideal for groups between yr5 and yr9, or learners of a similar age.

The course covers 6 days of learning in the woods, a pre-course visit, end of course report, all equipment, insurance and resources.

On completion of the course, as well as a celebratory day for teachers and parents, the school will also receive a detailed report including some advice on next steps, i.e. how the learner might be supported to ensure progress is sustainable back at school.

**For more information please call Steve Mann on 07944 102 606**

## Consulo Education & Wild Track Wilderness in association with LEAD Education

# LIVING HISTORY ADVENTURES



## Cave Man Day **£480**

The Lead team will visit your school and set up our 'cave'. Children will step back in time to the Stone Age learning and discovering the 3 stone age eras; Palaeolithic, Mesolithic and Neolithic periods leading us into the Bronze Age.

Children will enjoy exploring the different periods of time, examining artefacts (replicas and actual 6000-year-old flint tools), and solving stone age mysteries. They will try their hand at fire lighting and produce their very own cave art!

We will also cover topics such as language, survival skills, religion, tool use, plants and animals. The children's senses will be stimulated through handling a range of ancient artefacts, the sights and sounds of our ancestors around the fire and the touch of the animal fur.



## Roman/Celt Day **£480**

Find out what life was really like under Roman rule! How did the people of Britain respond? How did living for centuries with an occupying force change life for them? Learners will meet a Roman legionary and his Celtic enemy.

They will learn about battle tactics, culture, beliefs and even the food they ate! They can even train as legionaries themselves and face a blood curdling charge by the Celt! A few (blunt) spears will send him packing!



## Viking/Anglo-Saxon Day **£480**

Children will love the opportunity to learn from our authentically dressed Viking and Anglo-Saxon warriors! The team will set up the tent and tarp in your grounds where they can sit on comfortable animal skins. We'll then guide the children through the Viking age in Britain from the Lindisfarne raid of 793AD to the dark days of 1066.

The children will have a truly hands on experience, including the challenge of the shield wall and sacrifices to Thor! By the end of the day they'll have a greater understanding of Viking culture, tactics and religion.

We guarantee a fun, interactive and engaging learning experience for all children.

**To travel back in time with us, please call Steve Mann on 07944 102 606**



# FOREST SCHOOL PRICE LIST

## ½ Day taster **£125**

9:30 – 12:30 (30 learners max) £205 if more than 15 learners

## Full day **£230**

9:30 – 2:45 (30 learners max) £370 if more than 15 learners

## 3 Full day block booking **£670**

9:30 – 2:45 (30 learners max) £1090 if more than 15 learners

## 5 Full day block booking **£1100**

9:30 – 2:45 (30 learners max) £1800 if more than 15 learners

## 1 day per week over a ½ term **£1300** (min 6 sessions)

9:30 – 2:45 (30 learners max) £2140 if more than 15 learners

## 1 day per week over 1 full term **£2550** (min 12 sessions)

9:30 – 2:45 (30 learners max) £4230 if more than 15 learners

## 1 day per week over 2 full terms **£4900** (min 24 sessions)

9:30 – 2:45 (30 learners max) £8260 if more than 15 learners

## 1 day per week over 3 full terms **£7200** (min 36 sessions)

9:30 – 2:45 (30 learners max) £12,240 if more than 15 learners

Prices are based on a maximum of 15 learners per session for Health and Safety as Lead Education operates a 1:15 staff to learner ratio. Times may vary for individual schools.

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## Low Resilience Support Programme **£450** per learner

6 Day Course, 9:30 – 2:45 (3-10 learners)

## ADHD Support Programme **£800** per learner

6 Day Course, 9:30 – 2:45 (2-8 learners)

## Living History Day **£480**

On site at your school, times may vary.





## For More Information

Please contact Steve Mann on **07944 102 606** or [info@leadforestschool.co.uk](mailto:info@leadforestschool.co.uk)



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